Standard 5 Work in a Person - Centred Way

**Learning Outcome -The learner will:**

**Assessment Criteria – The learner can:**

**5.1a** In health and social care, person-centred values are the guiding principles on how to support and assist in someone’s life. Finish the sentence below to describe in your own words what the word ‘values’ means.

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|  The word ‘values’... |  |

**5.1b** Complete the table below to answer the following questions.

1. What does the value mean?

2. How would you put the value into practice in your day-to-day work?

3. Why is it important to work in a way that promotes this value when supporting an individual?

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| --- | --- | --- | --- |
| Person-centred value | 1. What is it? | 2. How would you put this into practice? | 3. Why is it important to work in a way that promotes this when supporting an individual? |
| Individuality |  |  |  |
| Rights |  |  |  |
| Choice |  |  |  |
| Privacy |  |  |  |
| Independence |  |  |  |
| Dignity |  |  |  |
| Respect |  |  |  |
| Partnership |  |  |  |

**5.1c** Providing person-centred care or support that is specific to the individual’s needs, wishes and preferences will ensure that the individual is always at the centre of their care. Dignity is one of the values included in person-centred care. Complete the diagram below to identify ways in which you can promote dignity in your day-to-day work. An example has been provided for you.

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**5.2a** Case study: You started supporting for Badiah last week. She moved to England from Laos last year. You have noticed that Badiah sometimes only picks at her meals without really eating anything. Badiah is wearing a head scarf and you are unsure whether this is a fashion item.

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| Describe why it is important to find out Badiah’s history, preferences, wishes and needs in order to care for her in a person-centred way: |  |

**5.2b** Explain why it is important that an individual’s changing needs are reflected in their care and/or support plan. Give one example of when someone’s care plan would need to be changed or adjusted.

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**5.2c** The person-centred approach has the understanding that every person has a need to fulfil their personal potential. Answer the questions below to show your understanding of the importance of supporting individuals to plan for their future wellbeing.

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| --- | --- |
| 1. Why is it important to support individuals to plan for their future wellbeing and fulfilment? |  |
| 2. What do you have to be aware of if working with individuals at the end of their life? |  |

**5.6a** In order to promote the individual’s wellbeing, they need to be happy with as many aspects of their life as possible. Complete the table below to answer the following questions.

1. What does each aspect tell us about a person?

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| --- | --- |
| Wellbeing can relate to the following aspects of a person’s life: | What does each aspect tell us about a person? |
| Spiritual |  |
| Emotional |  |
| Cultural |  |
| Religious or philosophical |  |
| Social |  |
| Political |  |
| Sexual |  |
| Physical |  |
| Mental |  |

2. Choose one of the aspects. How may this aspect affect a person’s identity and self-esteem?

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| **Assessor Feedback: Date:** |

Candidate Signature: ……………………………………………….. Date: ………………….

Assessor Signature: …………………………………………………. Date: ………………….